**MORE FOOD (AND FOOD-RELATED) IDIOMS**

**A Hard/Tough Nut to Crack**

* **Meaning**: A difficult problem
* **Example**: *The problem of how to motivate employees can be* ***a tough nut to crack sometimes****.*

**In a Nutshell**

* **Meaning**: Expressed in a few words
* **Example**: *You should apply to the university now. There are lots of reasons, but* ***in a nutshell****, it will end up costing you more if you wait.*

**Put All One’s Eggs In One Basket**

* **Meaning**: Rely on doing only one thing
* **Example**: *If we depend on a rise in the price of oil, we’re* ***putting all our eggs in one basket****. What if it falls?*

**Take It with a Grain of Salt**

* **Meaning**: Be skeptical of a statement
* **Example**: *James will tell you all about his adventures in Africa, but he often exaggerates.* ***Take it with a grain of salt****.*

**Have Bigger Fish To Fry**

* **Meaning**: To have more important things to do
* **Example**: *I can’t help you with your presentation right now. I* ***have bigger fish to fry****.*

**A lot on one’s plate**

* **Meaning**: A lot to do
* **Example**: *I can’t help you right now. I have* ***a lot on my plate*** *right now while I’m finishing up my degree and doing this huge project for work.*

**All Sizzle And No Steak**

* **Meaning**: Failing to live up to advance promotion or reputation
* **Example**: *Some people feel the Apple Watch is* ***all sizzle and no steak****.*

**All The Tea In China**

* **Meaning**: Great wealth, a large payment
* **Example**: *I wouldn’t go out with him for* ***all the tea in China****!.*

**Best (Greatest) Thing Since Sliced Bread**

* **Meaning**: Exaggerating the importance of an innovative development
* **Example**: *Have you tried the new iPhone? It’s the* ***greatest thing since sliced bread****.*

**Bite Off More Than You Can Chew**

* **Meaning**: Try to do more than one is capable of doing
* **Example**: *You want to paint the whole house by yourself!? Are you sure you can do that? Don’t* ***bite off more than you can chew.***

**Bottom of the Barrel**

* **Meaning**: Low-quality choices
* **Example**: *Our top five candidates for the job have all turned us down. We’re really getting down to the* ***bottom of the barrel*** *here.*

**Couch Potato**

* **Meaning**: A lazy person who watches a great deal of television (or just sits around)
* **Example**: *Mark is a* ***couch potato****. I can’t remember the last time he left his apartment except to go to work.*

**Don’t Cry Over Spilled Milk**

* **Meaning**: To waste energy moaning about something that has already happened
* **Example**: *The money is gone.* ***Don’t******cry over spilled milk*** *– there will be new opportunities.*

**Food for thought**

* **Meaning**: Something that makes you think carefully
* **Example**: *The teacher’s advice certainly gave me* ***food for thought.***

**Have One’s Cake and Eat It, Too**

* **Meaning**: To want two incompatible things (usually used in the negative)
* **Example**: *If you want lower taxes, you have to expect problems in school funding. You can’t* ***have your cake and eat it too****.*

**There’s No Such Thing as a Free Lunch**

* **Meaning**: Nothing is given to you without some expectation of something in return.
* **Example**: ***There’s no such thing as a free lunch****. If you sign up for this app, you’ll have to turn over personal information, and it’ll cause you trouble later.*